



ISAKOS
APPROVED
COURSE

SPORT AND HEALTH SCIENCE

LIMITED FOR
100 PARTICIPANTS

- Specialist
IDR 500.000
- General Practitioner
IDR 250.000
- Physiotherapy/Coach/Sport Club
Medical Team
IDR 100.000

A TO Z ABOUT ACL

SEPTEMBER 21st, 2023



LOCATION

- The Westin & Four Points
Hotel Pakuwon Indah,
Surabaya

SCAN ME



<https://bit.ly/RegistrasiSportandHealthScience2023>

MORE INFORMATION

- Debi (0813 6134 4472)
- Desta (08111 332664 / 08111 662664 / 0818 92066)
- iossma2023@gmail.com

www.iossma2023.com



SCHEDULE

TIME	PROGRAM	SPEAKER
08.00 - 08.15	Opening	
08.15 - 08.30	Role of Medical Team in Professional Sports Club / Team Approach	Abdul Jabbar Al Hayyan, MD
08.30 - 08.45	Peranan BPJSTK dalam Peningkatan Prestasi Atlet dan Cedera Olahraga	BPJS TK
08.45 - 09.00	Biomechanics of Knee Injury	Irfiansyah Irwadi, MD
09.00 - 09.15	ACL Reconstruction: Single vs Double Bundle	Bobby N. Nelwan, MD, PhD
09.15 - 09.30	Radiological Assessment in ACL Injury	Paulus Rahardjo, MD
09.30 - 09.45	Q & A	
09.45 - 10.00	Coffee Break	
10.00 - 10.15	Principles of ACL Injury Rehabilitation and Its Protocols	Rumaisah Hasan, MD
10.15 - 10.30	Daily Modalities & Evaluation in ACL Injury Rehabilitation	Asep Aziz
10.30 - 10.45	Physical & Psychological Criteria for Return to Sport after ACL Injury	Rika Haryono, MD, PhD
10.45 - 11.00	Graft Healing in ACL Reconstruction	Gede Chandra Purnama Yudha, MD
11.00 - 11.15	Clinical Nutrition to Support Athlete with ACL Injury	Prof. R. Bambang W, MD, PhD
11.15 - 11.30	Q & A	
11.30 - 12.00	Closing	